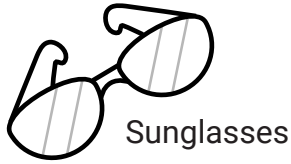


Heat and Sun Safety Matching Worksheet

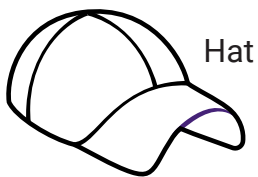
On this page is a list of items and text about how each helps to protect you from the heat or sun. Draw a line from the item to the matching text. Good luck!



Protects your head, face and eyes from the sun.



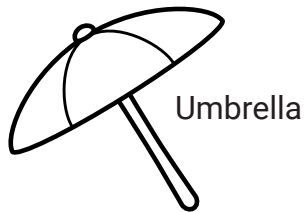
Drink it to replace the water you lost from sweating.



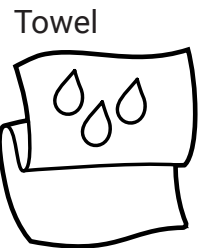
Moves air to help keep you cool.



Protects your eyes from the sun.



Absorbs less energy (heat) from the sun than dark colors.



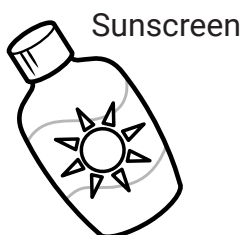
A cream that protects your skin from the sun.



Soak it in water and put it over your shoulders. It cools you down as the water evaporates.



Creates a spot of shade to protect you from direct sunlight.



Sprays water on your skin to cool you down as the water evaporates.

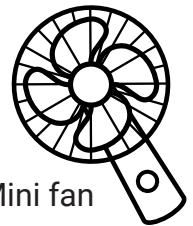


Water from this outdoor fountain cools you down.

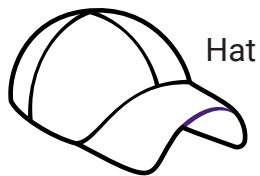
Heat and Sun Safety Matching Worksheet Key



Protects your head, face and eyes from the sun.



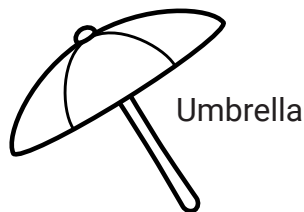
Drink it to replace the water you lost from sweating.



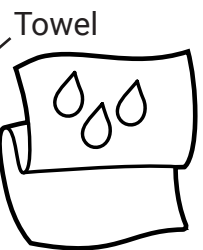
Moves air to help keep you cool.



Protects your eyes from the sun.



Absorbs less energy (heat) from the sun than dark colors.



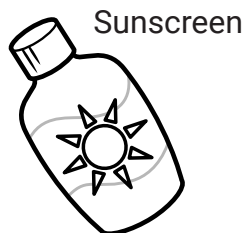
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Water from this outdoor fountain cools you down.

