



DEFICIENCY  
 DISEASE  
 ENERGY  
 FACT  
 FOLATE  
 HEALTH  
 HEMORRHAGE  
 MYTH  
 NIACIN  
 NUTRITIONIST



*Why Are British Sailors Called Limeys?*

ORGANIC  
 RDA  
 RIBOFLAVIN  
 RICKETS  
 SAILOR  
 SCURVY  
 SYNTHETIC  
 THIAMIN  
 VITAMIN  
 WEAKNESS

Hidden in the puzzle are all the words listed above. See how many of them you can find and circle. You can then learn more about this question and the ABC's of vitamins when you read the article *Why Are British Sailors Called Limeys* at the *Ask a Biologist* web address below. (<http://askabiologist.asu.edu/research/scurvy/>)



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Let's see how you did. The solution above will let you see how many of the words you found. Try some of the other puzzles at the *Ask a Biologist* web site listed below.